

Swim Team - Fall 2023

MUST BE AN ACTIVE SWIM MEMBER TO PARTICIPATE

The coaches will provide a structure within which competitive swimming can help each athlete reach their personal potential and strive to reach obtainable goals and achieve success. The lessons of success in the pool, from the discipline, hard work and dedication will transfer over into many areas of these young athletes' lives.

All programming will be athlete driven, at all times.

The primary focus of the team is to encourage each and every member to achieve his/her peak individual potential as a competitive swimmer and, at the same time, to develop a love of swimming as a life-long source of fitness and health.

A swimmer can only achieve his or her highest competitive potential through effort and dedication. This requires significant sacrifices in the time devoted to training and in adopting a single-minded focus on training goals. Parents must also be prepared to support swimmers financially, emotionally and by acting as a chauffeur at inconvenient times. The rewards for swimmers come first in the form of success in competitions, but also in self-confidence, fitness, highly developed time-management skills and a self-discipline that will carry over into all life skills and professions.



2023-2024 Shoreline Aquatic Club

We will compete at USA Swimming Sanctioned Meets as well as the Yankee League Meets.



SHORT COURSE

Sept 18—Feb 23

Age Group 3 (previously Novice)

Tues/Thurs 4:00 - 4:45pm

Saturday 9:00 - 10:00am

Member: **\$225/month**

Age Group 2 (previously Novice/Int)

Tues/Thurs 4:00 - 4:45pm

Saturday 9:00 - 10:00am

Member: **\$225/month**

Age Group 1 (previously Intermediate)

Mon/Tues/Fri 4:00 - 5:00pm

Saturday 10:00 - 11:30am

Member: **\$250/month**

Senior 2 (previously Pre Advance)

Mon/Wed/Friday 5:00 - 6:30pm

Tues/Thurs 4:45 - 6:30pm

Member: **\$275/month**

Senior 1 (previously Advance)

Monday - Friday 4:45 - 6:30pm

Mon/Wed/Friday Dryland 6:30 - 7:00pm

Sunday 7:00 - 9:00am

Member: **\$320/month**

Year Round USA Swim Membership & Meet fees are not included.

A credit card must be on file for automatic monthly payments.

First Billing Starts Mid-September