

Saturday Group Swim Lessons - Summer 2023

We want your child to become confident in the water. Because we know that each child will progress at their own rate, it is our objective to provide each child with a safe and positive learning environment. Your child will advance to the next level when ready as determined by the end of the session evaluation.

Two 5 Weeks Saturday Morning Sessions:

June 17 - July 15 & July 22 -August 19

Pre-School (3-5 years)

Tadpole - A swim class with an instructor for beginner swimmers. This class introduces basic swim skills, and uses of flotation aids to develop independence in the water.

Lobster - Young swimmers who have learned to kick, paddle and float without support are challenged to swim independently and demonstrate stroke readiness while emphasizing water safety.

Starfish - Young swimmers who can swim independently and demonstrate stroke readiness while emphasizing water safety. Will learn formal strokes, breathing and build endurance.

Parent and Child

AquaBabies (6-12 months) – A wonderful introduction to a swim class for infants and parents. This class is designed to adapt children to the water through songs and games. Parents are introduced to the basics of our swim lesson program and water safety.

AquaTots (13-36 months) – While swimming with parents, toddlers are encouraged to explore the

Youth (6 & Up)

Goldfish - A swim class for swimmers who are six years or older and have little swimming experience. Children become comfortable in the water while learning basic swim skills, water safety and use of flotation aids.

Flounder - Independent swimmers who are ready to learn whole strokes. Students are introduced to front crawl, rhythmic breathing, backstroke, diving and water safety skills.

Snapper - Swimmers who have the endurance to swim half lengths of the pool with a front crawl and backstroke.. Children are introduced to rotary breathing, perfecting stroke technique and to swimming the full length of the pool.

| <u>9:30-10</u> | <u>10-10:30</u> | <u>10:45-11:15</u> | <u>11:15-11:45</u> | <u>12-12:30</u> |
|----------------|-----------------|--------------------|--------------------|-----------------|
| Snapper | Flounder | Goldfish | Starfish | Lobster |
| Tadpole | Lobster | AquaBabies | AquaTots | Tadpole |

Member: \$99.88 per session

Non-Member: \$117.50 per session

Registration Opens: Swim Members: May 22 Non-Members: May 29

15% Discount for Active Swim Members

Book online at <https://www.madisonracquet.com/member-portal/> or call the Front Desk at (203) 245-9444.

Payment is due at the time of booking.

Cancellations require at least 1 week advance notice for a refund, less a 5% cancellation fee.